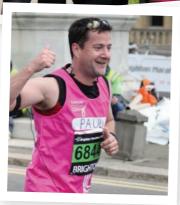
Events 2013









Help us support people living with breast cancer every step of the way

Hi all.

2012 was an amazing year of events with people up and down the country celebrating first the Queen's Diamond Jubilee and later the incredible achievements of our Olympians and Paralympians. I hope this energy and enthusiasm has inspired you to take part in one of Breast Cancer Care's events in 2013.

Being part of a Breast Cancer Care event is an unforgettable experience and the money participants raise is crucial to funding Breast Cancer Care's vital support services. With around 55,000 people diagnosed with breast cancer every year, there's more demand for these services than ever before.

I'm proud to have been an ambassador for the charity for the past eight years and have been involved in many incredible events. The support from the team is fantastic and the atmosphere at each event is always life-affirming and memorable.

Please join in, be inspired and help Breast Cancer Care be there for everyone who needs them today, and in the future.

Good luck!

Denise Lewis OBE PS Here are some of my proudest moments...



Pink Ribbonwalk with friends

Walks











Pink Ribbonwalk

Escape to the countryside for a day of breathtaking views and an amazing atmosphere. We will support you around a beautiful 10 or 20-mile route so you can cross the finish line with a smile in front of friends and family. You'll also get a medal, massage and celebratory BBQ!

Volunteer

The Pink Ribbonwalk could not happen without the support of our volunteers.

If you can't take part, we always need volunteers so please get in touch.

'Raising money at the Pink Ribbonwalk means a lot to me. Today is a way of saying we care very much about those we've loved and lost. and showing our support for those who are going through a cancer journey.' Catherine Lawton

Blenheim Palace, Oxfordshire 11 May 2013 Scone Palace, Perthshire 18 May 2013 Petworth House, West Sussex 1 June 2013 Leeds Castle, Kent 8 June 2013 Marble Hill Park, Twickenham, London 15 June 2013

Register now

at www.pinkribbonwalk.org.uk or call 0870 145 0101

Runs, cycles, triathlons and more...

Breast Cancer Care's running, cycling and triathlon teams have become one of the leading charity teams at events all across the UK.

Whether it's at a major national event with thousands of participants or something more local, our dedicated team will help you with all your training and fundraising needs. We can provide entry for the event as well as a branded vest. Why not make the most of 2013 with a challenge for Breast Cancer Care.



'If you are thinking of running for Breast Cancer Care, you're doing the right thing. I chose Breast Cancer Care straight away because of the care and support they have given us.

'Their support groups helped my mum cope, and their information enabled me to help my mum and my family.'

Jenny Chilton

- Virgin London Marathon

'The support pre, during and post the half marathon was excellent – a worthy cause enhanced by the staff and volunteers who made the run far more enjoyable and motivated me to get to the end.' Graham Morgan-Smith – Royal Parks Half Marathon



Running highlights Virgin London Marathon, Edinburgh Marathon, Bupa Great North Run, Royal Parks Half Marathon, Brighton Marathon



'What a simply terrific event – so well managed with such delightful, friendly and helpful people everywhere and the feeling on the ride was just exhilarating. Along with my daughter, my husband and son, we all had a great day.'

Carole-Ann Armstrong – Pink Ribbonride



Cycling and triathlons highlightsPrudential RideLondon-Surrey 100,
London to Paris, WomenOnly Triathlon

New event for 2013 Take part in the first RideLondon event this August

100 miles of closed roads for 20,000 cyclists taking in the sights of London and Surrey.

Get in touch!

Events calendar 2013

We'll be there to help you as you prepare for your challenge, from motivation during training to offering brilliant fundraising tips and ideas



February

9 Vietnam to Cambodia Cycle Ride



April

7 Paris Marathon

14 Brighton Marathon

21 Virgin London Marathon

28 Greater Manchester Marathon

May

11 Pink Ribbonwalk, Blenheim Palace, Oxfordshire **12** Glasgow Women's 10k

12 Sheffield Half Marathon

15–19 London to Paris Cycle Ride

18 Pink Ribbonwalk, Scone Palace, Perthshire **25** and **26** Edinburgh Marathon Festival

26 Bupa Great Manchester Run

27 Bupa London 10,000



June

1 Pink Ribbonwalk, Petworth House, West Sussex 8 Pink Ribbonwalk, Leeds Castle, Kent

8-9 Nightrider

12–16 London to Paris Cycle Ride

15 Pink Ribbonwalk, Marble Hill Park, Twickenham

15–24 Women V Cancer Cycle, Kenya

26-30 Trek Iceland



July

3–14 Trek Mount Kilimanjaro

7 WomenOnly Swim, Windsor

12–13 Moonriders London to Brighton Cycle Ride

14 Shock Absorber WomenOnly Triathlon, Windsor

26 July - **4** August Trek Peru

31 July - **4** August London to Paris Cycle Ride



August

2–4 Hadrian's Wall

4 Prudential RideLondon-Surrey 100



September

Renaissance Photography Prize, London

4–8 London to Paris Cycle Ride **14 and 15** Ben Nevis Challenge

14–15 Thames Path Challenge

15 Bupa Great North Run, Newcastle

15–23 California Bike Ride

26 Breast Cancer Care Show, Glasgow 29 Berlin Marathon

29 Baxters Loch Ness Marathon

October

2 Breast Cancer Care Show, London

5–6 Bournemouth Marathon Festival

6 Royal Parks Foundation Half Marathon, London

6 Cardiff Half Marathon **6** Great Scottish Run, Glasgow

11-20 Trek China

19 Shock Absorber WomenOnly Run, London

November

3 New York Marathon

15–22 Britain V Cancer Trek, Jordan



December

17 Carols by Candlelight, St Paul's Cathedral, London



5 March Breast Cancer Care Show, Cardiff



twitter.com/bccare



www.facebook.com/breastcancercare/events



020 7960 3465

Get in touch!

UK and overseas challenges

In 2012, more than 4,000 people took on a challenge in the UK or abroad. Each one made new friends along the way as well as taking away an experience of a lifetime with an enormous sense of achievement for doing it for Breast Cancer Care.

We've got challenges for all abilities and will make sure you get the support you need before and during the event. Whatever you're looking for, wherever you're hoping to do it, we can help make your dream a reality.



'I can honestly say that this challenge changed my life: in addition to all the money I raised, I'm fitter than ever before and it's left me full of positivity for life.' Caroline Morris – Cycle to Peru

'The Ben Nevis Challenge was an exhilarating and worthwhile experience. The organisation and support from Breast Cancer Care on the day and leading up to the challenge was fantastic and I can't wait to do it again.'

Mark Holloway – Ben Nevis Challenge



Challenge highlights Ben Nevis Challenge, Trek Mount Kilimanjaro, Inca Trail Trek Peru, Great Wall of China Trek, parachute jumps, Trek Iceland, Women V Cancer Cuba or Kenya bike rides



'To anyone who needs any encouragement, it was the most amazing few minutes of my life and an experience I will remember forever.

Never in a million years did I think I'd raise nearly £1,700 by jumping out of a plane.

I am extremely proud of myself for doing it!'

Grace – parachute jump



More chances to climb 'The Ben'.

Because our Ben Nevis climbs are so popular, we're offering two dates for 2013. Don't miss out!

Get in touch!

Special events



The Show

26 September, Glasgow; 2 October, London, 5 March 2014, Cardiff;

Join us at the glamorous Breast Cancer Care fashion shows in London, Glasgow and Cardiff. The latest designer fashions are showcased by our very special models who have all had breast cancer.

The fashion shows are truly special occasions, with the chance to rub shoulders with celebrity guests, enjoy first-class entertainment and reflect on the personal experiences of each of the models as well as celebrate life with them, their friends and families.

'A fantastic and inspiring event, we will definitely be attending next year.'
O'Melveny and Myers guests 2012

'Thank you all so much for the most amazing experience. I will have fabulous memories to keep for the rest of my life! Thank you Breast Cancer Care, I have found the silver lining to a breast cancer diagnosis.' Fiona Gunn, 2012 Model



Carols by Candlelight, St Paul's Cathedral

17 December 2013

Join us for a special start to the Christmas season in the magical setting of St

Paul's Cathedral, London and enjoy seasonal readings from celebrities, carols and outstanding choir performances. With guests treated to complimentary roasted chestnuts, this is the perfect start to your Christmas season.



Image shortlisted for the Renaissance Photography Prize - 'That Royal Wedding' by Colin Hutton

RENAISSANCE PHOTOGRAPHY PRIZE 2013

Renaissance Photography Prize

September 2013

The Renaissance
Photography Prize is an annual
international photography competition
featuring entries from both amateur
and professional photographers.
Judged by top names in the
photography world, 100 finalists
will have their photographs
displayed in a London gallery. Visit
www.renaissancephotography.org
for details on how to enter.

Pink Fridays and Strawberry Tea

Over the summer months you could host a **Strawberry Tea**. Just get together with friends and family, buy or bake some cakes, add some strawberries, put the kettle on and away you go! Having a Strawberry Tea is as easy as one, two, tea!



Dress pink, eat pink, party pink or work pink. Having a **Pink Fridays** event is the perfect excuse to have fun with your colleagues, friends and family. Join the thousands who'll be raising money during October, Breast Cancer Awareness Month.

Get in touch!



Breast Cancer Care is just a phone call or mouse-click away for anyone affected by breast cancer.

Our free Helpline and website offer a friendly ear and expert guidance. We also offer support through a range of face-to-face services, helping people every step of the way. We rely on the generosity of our supporters to ensure that our services remain free to use and widely available.

Anyone with breast cancer or breast health concerns can get free, confidential support and information from our Helpline on 0808 800 6000 (Text Relay 18001) or by visiting www.breastcancercare.org.uk

To find out more...



To find out more about any of our events call the team

visit www.breastcancercare.org.uk/events call 020 7960 3465 email events@breastcancercare.org.uk

Meet the team